

Radical Self-Acceptance Ceremony

Integrating the Shadow

Friday, 27th April 2012, 7pm

The ceremony lasts for approx. 2.5 hours

In this Ceremony we transform our own shadow aspects.

We will come into contact with some of the less appealing traits that we don't like about ourselves, and we will fully accept and integrate these repressed aspects into our being:

Knowing that as soon as we come to an unconditional acceptance of them, they will simply dissolve.

This Ceremony is a non-verbal process and preserves privacy and anonymity.

We will form a figure of eight, or the sign of infinity, and symbol of God, and we are going to walk along its form to integrate the light and the dark aspects of ourselves.



I am looking forward to conveying Radical Forgiveness to you.

It holds the power to really change your life.

Verena Anliker, Licensed Coach of the Tipping Method

Where: Sinéad Meenagh-Murphy
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Costs: £ 25.00 / € 30

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www.radicalforgiveness.info

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